**FitnestX Mobile App**

**Brief:**

FitnestX is your comprehensive fitness companion, designed to help you stay healthy and achieve your personal fitness goals. Whether you're just starting out or are an experienced fitness enthusiast, FitLife offers all the tools you need in one convenient platform. Simplify your fitness journey by accessing workout plans, tracking your progress, and receiving personalized insights.

-------------

**Names:**

1. Menna Tarek
2. Sara Elsaid
3. Mina Ayman
4. Youssef Hesham
5. Tasneem Mohammed